

DEVELOPING STRENGTHS-BASED PROJECT TEAMS
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MY TALENTS AND STRENGTHS - EXAMPLE

| <i>Talent Theme</i> | Talent | + Investment: | = Strength | <i>Ways I Use/Could Use this Specific Strength</i> |
|---------------------|---|--|--|---|
| | <i>Knowledge Experiences Skills Practice</i> | | | |
| | <i>My Specific Talent</i> | <i>My Specific Talent Investments</i> | <i>My Specific Strength</i> | |
| Communication® | I enjoy writing and telling stories to express my thoughts, feelings, or ideas. | <p>Skills: I want to invest in various ways to continuously improve and refine my words that captivates the attention of others.</p> <p>Conceptual Knowledge: Become skillful in being the best storyteller that I can be in communicating my message that inspires others to listen, learn, act, or decide.</p> <p>Practice: Ensure that my words matter. Practice choosing my words carefully. Know that words have an impact – positive (supportive) or negative (resisting). Be intentional that each message is meaningful. Take time to let others tell their story so that I can learn from them.</p> <p><i>Further invest-in/develop strength:</i></p> <p>Experience: Grow my experience to be more attentive to my audience’s reaction and feedback -- to improve my communication for greater understanding.</p> | My strength is my ability to present and inspire. I do this by giving interactive presentations that are engaging and inspiring. | I use this strength by being a conversationalist: I reach out to others, to know my audience, and engage in conversation – turning thoughts and ideas into words. I work with students in the classroom or help my colleagues in the workplace. |

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